

Chocolate Chip Oatmeal Crunch Cookies

Agape Cookies

Yields About 4 Dozen

INGREDIENTS:

- 1 cup butter, softened
- ¾ cup brown sugar
- ½ cup white sugar
- 2 eggs
- 1 tsp. vanilla
- 1 ¾ cup flour (I use a combination of white and wheat)
- ½ tsp. baking powder
- 1 tsp. baking soda
- ½ tsp. salt
- 2 cups whole rolled oats (not quick cooking)
- 2 cups cornflakes
- 1 cup chocolate chips
- ½ cup roasted walnuts, chopped (optional)
- 1 Tbsp. flaxseeds (optional)



This is the perfect recipe to sneak in a tablespoon of flaxseeds which are packed with omega 3 fatty acids, various antioxidants and fiber. My girlfriend Jodi shared this irresistible recipe with me years ago. I reduced the sugar content and have made countless batches over the years. My family and friends call them Agape Cookies. They have a secret crunchy ingredient that makes them both fun and extra special.

INSTRUCTIONS:

- 1. Cream butter and sugars together.
- 2. Add eggs and vanilla. Beat well.
- 3. Add flour, baking powder, baking soda and salt and mix until incorporated.
- 4. Stir in oats and cornflakes. Mix well.
- 5. Stir in the chocolate chips.
- 6. Scoop 1-1 1/2" balls onto a parchment lined baking sheet.
- 7. Bake at 350 degrees for 8-10 minutes or until golden brown.*

*I bake the cookies closer to the 8 minutes, when they are still soft in the middle and brown around the edges.

Store cookies in an airtight container for 1 week.